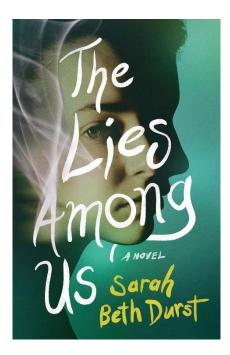
The Lies Among Us by Sarah Beth Durst

Book Club Discussion Questions

- 1. *The Lies Among Us* explores the nature of lies. What kind of lies surround you, and in what way do they shape your life (for better or worse)?
- 2. Lies and misinformation are ever-present, from social media to politics. Why do you think the author chose to examine such a large, widespread issue through the lens of a family drama? In what ways does making the topic personal expose the universal?
- 3. Why do you think the author chose to tell the story of a woman who doesn't exist? How did the speculative elements of *The Lies Among Us* enable the author to explore lies, grief, and sisterhood?



- 4. The characters in *The Lies Among Us* work through their grief (or fail to work through it) in a variety of ways. How do the lies they tell others and, more importantly, themselves help or hinder their healing?
- 5. Hannah and Leah have a complex relationship, despite (and because of) the fact that Hannah doesn't exist. In what ways are they truly sisters? What makes someone family?
- 6. The relationship between mothers and daughters is at the heart of *The Lies Among Us*. In what ways do mothers shape their daughters—and vice versa? How can we avoid passing the pain of one generation on to the next?
- 7. Both Hannah and Leah have been affected by the lies of their mother, Eleanor. It requires a significant amount of work for them to break free of the damage she's done and find their own ways forward. What role does forgiveness play in the processing of trauma?
- 8. Sylvie plays a key role in Hannah realizing who (and what) she is and who she wants to be. Have you had someone in your life play a critical role in your understanding of yourself? Have you been that person for another?
- 9. In the end, Rabbit chooses to keep his liars. Do you think this was the right choice? On a related note, do you think it was right for Hannah to allow him to make this choice? Where is the line between permitting a person to make their own decisions versus saving them from suffering?
- 10. What role does art play in either creating or destroying lies? In a similar vein, what role does art play in processing grief?

- 11. What does the muck that flows through the streets of Queens represent to you? What is its relationship to the shadow wolves?
- 12. Hannah tells her story in first-person present tense, while Leah's story is presented in third-person past tense. Why do you think the author made this choice? How did it affect your experience of the novel?
- 13. What does it mean for a lie to have a purpose? How does finding a purpose change the trajectory of a life?
- 14. Do you think it's ever possible to break free of all the lies that shape our lives? And should we?